

PATIENT COPY

PREP

Predicting REcovery Potential

Predicting recovery potential for the arm and hand

(see <http://prepforstroke rehab.wikispaces.com> for more information)

Patient Sticker

The combined clinical, neurophysiological and MRI assessments you completed for PREP indicate that you have the potential to have some movement in your arm and hand. However, activities that use your affected arm are likely to require some modification.

Your arm and hand rehabilitation should focus on maintaining and improving the strength and flexibility of your affected arm and hand, and helping you to adapt day to day activities to incorporate this arm and hand wherever possible.