

PREP

Predicting REcovery Potential

Predicting recovery potential for the arm and hand

(see <http://prepforstroke rehab.wikispaces.com> for more information)

Patient Sticker

Upper Limb Rehabilitation Focus: PROMOTE COMPENSATION

Combined clinical, neurophysiological and MRI assessments indicate this patient has the potential to have

- minimal movement in their affected hand and arm within 12 weeks

Motor pathways to the arm and hand are not functionally (TMS) or structurally (MRI) intact.

Upper limb rehabilitation could focus on

- prevention of secondary complications, such as pain, spasticity and shoulder instability
- reducing disability by learning to complete activities of daily living with the stronger hand and arm