

PREP

Predicting REcovery Potential

Predicting recovery potential for the arm and hand
(see <http://prepforstroke rehab.wikispaces.com> for more information)

Patient Sticker

Upper Limb Rehabilitation Focus: PROMOTE FUNCTION

Clinical and neurophysiological assessments indicate this patient has the potential to be

- using their affected hand and arm in most activities of daily living within 12 weeks

Although there is some weakness, motor pathways to the arm and hand are functionally intact.

Upper limb rehabilitation could focus on

- strength, coordination and fine motor control, in order to maximize recovery of function
- minimising compensation with the good hand and arm, and the trunk
- repetitive practice of movement and functional tasks