

PREP

Predicting REcovery Potential

Predicting recovery potential for the arm and hand

(see <http://prepforstrokerehab.wikispaces.com> for more information)

Patient Sticker

Upper Limb Rehabilitation Focus: PROMOTE MOVEMENT

Combined clinical, neurophysiological and MRI assessments indicate this patient has the potential to have

- some movement in their affected hand and arm within 12 weeks, but activities involving the upper limb will require significant modification

Motor pathways to the arm and hand are not functionally intact at this time (TMS), however these pathways are structurally intact (MRI) which may allow some improvement in movement.

Upper limb rehabilitation could focus on

- reducing impairment by strengthening the affected upper limb and improving active range of motion

promoting adaptation and incorporation of the affected upper limb in daily activities wherever possible